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outh Church is a covenanting member of the Unitarian Universalist Association of Congregations and is an accredited Welcoming Congregation and Green Sanctuary. Unitarian Universalism is a liberal religion with Jewish-Christian roots. We draw from our heritages of freedom, reason, hope, and courage, building on the foundation of love. We strive to be a congregation that truly welcomes all persons who share our values. We

commit to being a congregation that empowers and enhances everyone's participation, especially those with historically marginalized identities.

**Love is the power that holds us together and is at the center of our shared values.** We are accountable to one another for doing the work of living our shared values through the spiritual discipline of Love.

Inseparable from one another, these shared values include:

**Interdependence:** We honor the interdependent web of all existence.

**Pluralism:** We celebrate that we are all sacred beings, diverse in culture, experience, and theology.

**Justice:** We work to be diverse multicultural Beloved Communities where all thrive.

**Transformation:** We adapt to the changing world.

**Generosity:** We cultivate a spirit of gratitude and hope.

**Equity:** We declare that every person is inherently worthy and has the right to flourish with dignity, love, and compassion.

## SOUTH CHURCH

A Unitarian Universalist Congregation

Sunday Services: 10am on State Street

Live-Stream Services: 10am on our YouTube Channel

Office Hours: 9am-2pm Tuesday-Friday

WiFi Network: SouthChurchPublic

Wifi Password: SundayMorning

Website: [www.southchurch-uu.org](http://www.southchurch-uu.org) Email: [info@southchurch-uu.org](mailto:info@southchurch-uu.org)

Phone: 603-436-4762

Board of Trustees Email: [Board@southchurch-uu.org](mailto:Board@southchurch-uu.org)

The Board meets on the 3<sup>rd</sup> Tuesday of the month at 7pm. All are welcome.

Rev. Ellen Quaadgras – Minister

Kirsten Hunter – Director of Lifespan Ministries

Jen Del Deo-Barry – Director of Children and Family Ministry

Jonny Peiffer – Director of Music Ministry

Jennifer Leyden – Congregational Admin Kristine Sawyer – Finance Director

Susan Adams – Accompanist Ben Abbott - Tech & Attendant

# SOUTH CHURCH



"Joy. No Matter What?"

A Unitarian Universalist  
Congregation

November 3, 2024

### **ARE YOU NEW TO SOUTH CHURCH?**

Are you a first-time visitor? Would you like to get more information about this congregation? Scan the QR code to fill out a visitor form or ask an usher for a hard copy!



### **REGISTER FOR RELIGIOUS EDUCATION**

It's time to register all kids (infants through high school) for our Religious Education programs! Register online at <https://southchurch-uu-re.org/> or use the QR code.



### **2025 ANNUAL BUDGET CAMPAIGN - TREASURING OUR VALUES**

Thank you for treasuring your values through the spiritual practice of giving. So far we have pledged \$413,000 or 65% of our target goal with 53% of our members participating. Our goal is 100% participation. There are many ways to pledge; online, through the mail, or with the QR code to the right. You can, WE CAN, transform our values into reality by making a pledge today. The ABC Committee will be downstairs during Coffee Hour if you have questions or need a pledge form. Contact Anita Rozeff at [arozeff@gmail.com](mailto:arozeff@gmail.com) with questions.



### **FALL CIRCLE SUPPERS GUEST SIGN UPS**

Circle Suppers are potluck meals hosted by South Church members and friends FOR South Church members and friends! Dates and hosts are set, so sign up for the meal that works for you! Scan the QR code, or visit <https://tinyurl.com/8jfk6axf>



### **INTERFAITH CHOIR LOCATION CHANGE - NOVEMBER 6 AT 6:30PM**

Rehearsal for the Interfaith Choir on Wednesday, November 6 has been moved to Temple Israel at 6:30pm. Please use the rear Court Street/Washington Street entrance. If you have any questions, please reach out to Jonny at [Jonny@SouthChurch-UU.org](mailto:Jonny@SouthChurch-UU.org)

### **HELD IN ONE SPIRIT: INTERFAITH ELECTION DAY GATHERING - NOV 5, 7PM**

Join us on Tuesday evening, Nov 5 at 7pm at the African Burying Ground where the Seacoast Ministerium will offer a healing presence during what can be a stressful evening for people across the political spectrum. Our intent with this gathering is to create space for our broad community to come together in unity, care and support. Local clergy from various houses of worship will offer brief prayers, readings, and songs around the theme of commonality and mutual support. In these moments we hope to remind ourselves of the shared values that bind us together, especially on a day that can feel charged with tension. We hope you are able to join us.

### **RELIGIOUS EDUCATION**

On multigenerational worship days, children remain in the sanctuary for worship. There are activity packs and supplies on shelves behind the last row of pews. On all other Sundays, children and youth are invited to go downstairs following the Time For All Ages, to participate in religious education sessions. Children are also always invited to remain in the sanctuary with their families.

The Nursery is open for children 6 weeks through 3 years.

The mission of our RE Program is to provide programming for children, youth, and families that promotes spiritual growth, intergenerational connections, faith development, a UU identity, and social action within a safe and welcoming environment.

For more information on our Religious Education program, email Director of Children & Family Ministries, Jen Del Deo-Barry, at [jendeldeo@southchurch-uu.org](mailto:jendeldeo@southchurch-uu.org)

### **ONGOING GROUPS**

***Aging with Grace*** will meet on Oct 10 and Nov 14 at the Portsmouth Public Library. Contact Ingrid Ahlberg at [inkyjapan@yahoo.com](mailto:inkyjapan@yahoo.com)

***Chant From Different Traditions*** will meet on the first Sunday at 9am on the balcony. Contact Cathy Okhuysen at [cathomusic@gmail.com](mailto:cathomusic@gmail.com)

***The Shawl Ministry*** meets on the 3<sup>rd</sup> Sunday at 11:30am in the Emerson Room. Contact: Jan Marston at [jmarston@comcast.net](mailto:jmarston@comcast.net)

The ***Men's Breakfast Group*** meets on the second Wednesday of the month at 8am. Email Ken Schoman at [ayuh.ken@gmail.com](mailto:ayuh.ken@gmail.com)

***Morning Poems*** meets every Thursday morning at 7:30am on Zoom. Contact Kirsten at [kirsten@southchurch-uu.org](mailto:kirsten@southchurch-uu.org) for more information.

The ***Women's Breakfast Group*** meets on the first Wednesday of the month at 8:30am. For more info and to RSVP, contact [willow@woodflute.net](mailto:willow@woodflute.net)

***Covenant Groups*** are ongoing groups that meet twice a month from October-May. For more info, email [covenantgroups@southchurch-uu.org](mailto:covenantgroups@southchurch-uu.org)

***South Church Spiritual Book Group*** meets on the 2<sup>nd</sup> Wednesday at 7pm on Zoom. Contact Nancy at [bookgroup@southchurch-uu.org](mailto:bookgroup@southchurch-uu.org)

***Court Street Yoga*** is offered Monday, Wednesday and Friday mornings at Court Street. Check the website for times. Suggested donation \$10/class or \$75/month. For more info, email [yoga@southchurch-uu.org](mailto:yoga@southchurch-uu.org)

***The South Church Cancer Support Group*** meets on the 2<sup>nd</sup> Sunday of the month at 11:30am in the Emerson Room. For more information, contact Anne Mackin at [annemackin2@gmail.com](mailto:annemackin2@gmail.com)

***South Church Folk*** meets on Thursdays at 7pm in the sanctuary and typically sings during Worship one Sunday per month. For more information, contact Cathy Okhuysen at [cathomusic@southchurch-uu.org](mailto:cathomusic@southchurch-uu.org)

## GROUP CONTACTS

Shared Ministry – [sharedministry@southchurch-uu.org](mailto:sharedministry@southchurch-uu.org)

Pastoral Associates – [pastoralcare@southchurch-uu.org](mailto:pastoralcare@southchurch-uu.org)

Social Justice Associates – [socialjustice@southchurch-uu.org](mailto:socialjustice@southchurch-uu.org)

Worship Associates – [worship@southchurch-uu.org](mailto:worship@southchurch-uu.org)

Fellowship Associates – [fellowship@southchurch-uu.org](mailto:fellowship@southchurch-uu.org)

Learning Associates – [learning@southchurch-uu.org](mailto:learning@southchurch-uu.org)

Comm. On Ministries – [committeeministries@southchurch-uu.org](mailto:committeeministries@southchurch-uu.org)

## CALENDAR

### Sunday, November 3

10:00am 5th Grade OWL  
10:00am Online and In Person Worship  
11:30am Journey to Membership Class  
4:00pm 7th Grade OWL  
4:00pm Senior Youth at Court Street

### Monday, November 4

6:30am Court Street Yoga  
5:00pm Property Committee Meeting

### Tuesday, November 5

6:30pm Covenant Group  
6:30pm South Church Choir Rehearsal

### Wednesday, November 6

6:30am Court Street Yoga  
8:30am Women's Breakfast at The Golden Egg  
6:30pm Exploring Mindfulness and Meditation at Court Street  
6:30pm Interfaith Choir Rehearsal at Temple Israel

### Thursday, November 7

7:30am Morning Poems on Zoom  
7:00pm South Church Folk Rehearsal

### Friday, November 8

6:30am Court Street Yoga  
6:30pm Coming of Age overnight retreat

### Sunday, November 10

10:00am Online and In Person Worship  
11:30am Journey to Membership Class  
11:30am Cancer Support Group  
1:00pm Coming of Age in Parish Hall & Kitchen  
3:00pm 7th Grade OWL  
4:00pm Senior Youth at Court Street

## 2ND ANNUAL HOLIDAY FAIR DONATIONS NEEDED - DEC 8

On December 8 after worship, all children and teens are invited to “shop” for holiday gifts for their family and friends. There is no cost involved; just a celebration of giving! To make this event successful, please consider donating new or gently used items suitable for a child/youth to give as a gift. Contributions can be placed in the bins that are located in the narthex. This was a wildly successful event last year, and we need your help to assure it will be again this year! If you have any questions, please reach out to Donna at [waldrondl@icloud.com](mailto:waldrondl@icloud.com).

## JOIN A REFLECTION CIRCLE - NOVEMBER 10

The next Reflection Circle on Worship at South Church will be held on Sunday, Nov. 10 from 3-5pm on Zoom. We'll talk about what's flourishing, what's confusing, and what's missing on Sunday mornings. This is a one time commitment and your feedback helps to shape our collective worship experience. Contact Kimberly Green at [KimberlyCloutierGreen@gmail.com](mailto:KimberlyCloutierGreen@gmail.com)

## SPIRITUAL BOOK GROUP NOVEMBER DISCUSSION

The South Church Spiritual Book Group is hosting a discussion of “This Other Eden” by Paul Harding on Weds., Nov. 13 at 7pm. All are welcome! Please contact [SouthChurchBookGroup@gmail.com](mailto:SouthChurchBookGroup@gmail.com) for the Zoom link.

## LIVE AND SILENT HOLIDAY AUCTION - NOV 16 AND 17

Come to the wine social at 6:30pm on Friday, Nov 16 and start your holiday shopping at the silent auction; gift certificates to restaurants, shops, venues; antiques, music, poetry, pies, and more! At 7:45pm, bid at the live auction; get-aways in Maine and NH, Bruins tickets, ski weekend, Randall Star Island photo, night out in Portsmouth, adult overnight in the sanctuary and more! Auction and Wine Social begins Sat., Nov 16 at 6:30, live auction starts at 7:45pm, and the silent auction ends at noon on Sun., Nov 17!

## INTERFAITH THANKSGIVING GATHERING - NOV 24 AT 4PM

Join the Seacoast Ministerium and the Interfaith Choir for an all ages interfaith Worship service on Sunday, November 24 from 4-5pm in the South Church Sanctuary. Members and leaders from South Church, Temple Israel, St. John's, North Church and more will be offering a time in which we lift up many faith voices while we center our hearts, minds, and bodies on gratitude and connection. The Interfaith Choir, led by Jonny Peiffer, will offer music.

## HOST HOME NEEDED

The Seacoast Interfaith Sanctuary Coalition is seeking a host home (room and board) for Marc, a 28 year old man from Haiti who recently won his immigration case and was released from detention. He is currently staying with Jim Verschueren and Carlo Nittoli and has started English classes and made friends. We are looking for hosts for the next month. SISC is providing rides, clothes,

fellowship and connections. Please reach out to Maggie Fogarty for more info or if you are willing to help. [mfogarty@afsc.org](mailto:mfogarty@afsc.org) or 603-988-7115

## ORDER OF SERVICE

PRELUDE	<i>Cedar</i> Connor Chee	Susan Adams, piano
WELCOME		Rev. Ellen Quaadgras
ANNOUNCEMENTS		
ABC TESTIMONIAL		Eric Lipsitt
INVOCATION		Hymn #1023 <i>Building Bridges</i>
LIGHTING THE CHALICE		Mitch Pivor
MISSION STATEMENT		
At South Church, we nurture spiritual growth through worship, learning and community; we celebrate the worth and dignity of all people; and we inspire one another to act on our faith in the larger community.		
OPENING WORDS		Mitch Pivor
OPENING HYMN	<i>Blessing</i> By Joan Szymko	South Church Choir
TIME FOR ALL AGES		Kirsten Hunter
CHILDREN'S RECEPTIONAL #413		<i>Go Now In Peace</i>
OFFERING INVITATION		Mitch Pivor
OFFERTORY	<i>Cedar</i> Connor Chee	Susan Adams, piano
RESPONSE #1010		<i>We Give Thanks</i>
PRAYER & MEDITATION		Rev. Ellen Quaadgras
CANDLES OF JOY & CONCERN		
We invite you to take a moment and reflect on a joy or concern you are holding. If it is something you want us to know about, please take a moment and write your concern on the yellow Pastoral Care card in the pew.		
SERMON	"Joy. No Matter What?"	Rev. Ellen Quaadgras

## NOVEMBER 3, 2024


CLOSING HYMN	<i>This Joy That I Have</i> by Shirley Caesar	
This joy that I have, the world didn't give it to me (3x) The world didn't give it, the world can't take it away. This peace... This strength... This love... This joy... The world didn't give it, the world can't take it (2x) The world didn't give it, the world can't take it away.		
EXTINGUISHING THE CHALICE		Mitch Pivor
BENEDICTION		Rev. Ellen Quaadgras
POSTLUDE	<i>Songs from Silence</i>	By Elaine Hagenberg South Church Choir
	1. <i>Songs of My Heart</i> 2. <i>Stir the Embers</i>	

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### November Theme: Repair

During the month of November, our collection will be shared with Mainspring. Mainspring: The Seacoast Social Service Collective, serving Seacoast NH and Mainem is building a stronger community by providing all citizens with the resources to thrive. Through a centralized and collaborative model incorporating many area social service partners, Mainspring offers a dignified, efficient, and effective model of care that empowers individuals to navigate a pathway out of poverty.

Learn more at [www.mainspringcollective.org](http://www.mainspringcollective.org)

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|  | <b>Quick Link: Donate to South Church and our monthly Shared Plate!</b> |
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Point your phone camera at the QR code to the left and head to our mobile site. Make a one time gift, or log in to create recurring gifts!