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outh Church is a covenanting member of the Unitarian Universalist Association of Congregations and is an accredited Welcoming Congregation and Green Sanctuary. Unitarian Universalism is a liberal religion with Jewish-Christian roots. We draw from our heritages of freedom, reason, hope, and courage, building on the foundation of love. We strive to be a congregation that truly welcomes all persons who share our values. We

commit to being a congregation that empowers and enhances everyone's participation, especially those with historically marginalized identities.

Love is the power that holds us together and is at the center of our shared values. We are accountable to one another for doing the work of living our shared values through the spiritual discipline of Love.

Inseparable from one another, these shared values include:

Interdependence: We honor the interdependent web of all existence.

Pluralism: We celebrate that we are all sacred beings, diverse in culture, experience, and theology.

Justice: We work to be diverse multicultural Beloved Communities where all thrive.

Transformation: We adapt to the changing world.

Generosity: We cultivate a spirit of gratitude and hope.

Equity: We declare that every person is inherently worthy and has the right to flourish with dignity, love, and compassion.

SOUTH CHURCH

A Unitarian Universalist Congregation

Sunday Services: 10am on State Street

Live-Stream Services: 10am on our YouTube Channel

Office Hours: 9am-2pm Tuesday-Friday

WiFi Network: SouthChurchPublic

Wifi Password: SundayMorning

Website: www.southchurch-uu.org

Email: info@southchurch-uu.org

Phone: 603-436-4762

Board of Trustees Email: Board@southchurch-uu.org

The Board meets on the 3rd Tuesday of the month at 7pm. All are welcome.

Rev. Ellen Quaadgras – Minister

Kirsten Hunter – Director of Lifespan Ministries

Jen Del Deo-Barry – Director of Children and Family Ministry

Jonny Peiffer – Director of Music Ministry

Jennifer Leyden – Congregational Admin

Kristine Sawyer – Finance Director

Susan Adams – Accompanist

Ben Abbott - Tech & Attendant

SOUTH CHURCH



"Being True"

A Unitarian Universalist
Congregation

November 17, 2024

ARE YOU NEW TO SOUTH CHURCH?

Are you a first-time visitor? Would you like to get more information about this congregation? Scan the QR code to fill out a visitor form or ask an usher for a hard copy!



REGISTER FOR RELIGIOUS EDUCATION

It's time to register all kids (infants through high school) for our Religious Education programs! Register online at <https://southchurch-uu-re.org/> or use the QR code.



2025 ANNUAL BUDGET CAMPAIGN - TREASURING OUR VALUES

Thank you for treasuring your values through the spiritual practice of giving. So far we have pledged \$444,000! Our goal is 100% participation. There are many ways to pledge; online, through the mail, or with the QR code to the right. You can, WE CAN, transform our values into reality by making a pledge today. The ABC Committee will be downstairs during Coffee Hour if you have questions or need a pledge form. Co



USHER SIGNUPS - SUNDAYS AND CHRISTMAS EVE

We are looking to round out our group of Ushers for Sunday mornings, and fill our available Usher spots for our 5pm and 8pm Christmas Eve Services. Ushering is a great way to get to know some fellow South Churchers, and to help make sure Sundays run smoothly. It's a light lift for anyone who is planning on coming to church anyway! We will train you and answer any questions you have! To sign up, visit <https://tinyurl.com/3n8ex2db> or scan the QR code to the right!



PARENTS OF TEENS AND YOUNG ADULTS - TODAY AT 11:45AM

If you are a parent of a teen or young adult, you're invited to join Kirsten Hunter for a Drop-In Group. This is a space to connect and reflect from 11:45a-1:00pm. If you aren't able to join today, but would like to chat with Kirsten, please reach out to Kirsten@SouthChurch-UU.org.

2ND ANNUAL HOLIDAY FAIR DONATIONS NEEDED - DEC 8

On December 8 after worship, all children and teens are invited to "shop" for holiday gifts for their family and friends. There is no cost involved; just a celebration of giving! To make this event successful, please consider donating new or gently used items suitable for a child/youth to give as a gift. Contributions can be placed in the bins that are located in the narthex. This was a wildly successful event last year, and we need your help to assure it will be again this year! If you have any questions, please reach out to Donna at waldrondl@icloud.com.

RELIGIOUS EDUCATION

On multigenerational worship days, children remain in the sanctuary for worship. There are activity packs and supplies on shelves behind the last row of pews. On all other Sundays, children and youth are invited to go downstairs following the Time For All Ages, to participate in religious education sessions. Children are also always invited to remain in the sanctuary with their families.

The Nursery is open for children 6 weeks through 3 years.

The mission of our RE Program is to provide programming for children, youth, and families that promotes spiritual growth, intergenerational connections, faith development, a UU identity, and social action within a safe and welcoming environment.

For more information on our Religious Education program, email Director of Children & Family Ministries, Jen Del Deo-Barry, at jendeldeo@southchurch-uu.org

ONGOING GROUPS

Aging with Grace will meet on Oct 10 and Nov 14 at the Portsmouth Public Library. Contact Ingrid Ahlberg at inkyjapan@yahoo.com

Chant From Different Traditions will meet on the first Sunday at 9am on the balcony. Contact Cathy Okhuysen at cathomusic@gmail.com

The Shawl Ministry meets on the 3rd Sunday at 11:30am in the Emerson Room. Contact: Jan Marston at jmarston@comcast.net

The ***Men's Breakfast Group*** meets on the second Wednesday of the month at 8am. Email Ken Schoman at ayuh.ken@gmail.com

Morning Poems meets every Thursday morning at 7:30am on Zoom. Contact Kirsten at kirsten@southchurch-uu.org for more information.

The ***Women's Breakfast Group*** meets on the first Wednesday of the month at 8:30am. For more info and to RSVP, contact willow@woodflute.net

Covenant Groups are ongoing groups that meet twice a month from October-May. For more info, email covenantgroups@southchurch-uu.org

South Church Spiritual Book Group meets on the 2nd Wednesday at 7pm on Zoom. Contact Nancy at bookgroup@southchurch-uu.org

Court Street Yoga is offered Monday, Wednesday and Friday mornings at Court Street. Check the website for times. Suggested donation \$10/class or \$75/month. For more info, email yoga@southchurch-uu.org

The South Church Cancer Support Group meets on the 2nd Sunday of the month at 11:30am in the Emerson Room. For more information, contact Anne Mackin at annemackin2@gmail.com

South Church Folk meets on Thursdays at 7pm in the sanctuary and typically sings during Worship one Sunday per month. For more information, contact Cathy Okhuysen at cathomusic@southchurch-uu.org

GROUP CONTACTS

Shared Ministry – sharedministry@southchurch-uu.org

Pastoral Associates – pastoralcare@southchurch-uu.org

Social Justice Associates – socialjustice@southchurch-uu.org

Worship Associates – worship@southchurch-uu.org

Fellowship Associates – fellowship@southchurch-uu.org

Learning Associates – learning@southchurch-uu.org

Comm. On Ministries – committeeonministries@southchurch-uu.org

CALENDAR

Sunday, November 17

9:45am Coming of Age at Court Street
10:00am Online and In Person Worship
10:00am 5th Grade OWL
11:30am Journey to Membership Class
11:30am Knitting Ministry
4:00pm 7th Grade OWL
4:00pm Senior Youth

Tuesday, November 19

4:30pm NAACP MLK Breakfast Planning Meeting
6:30pm Choir and Interfaith Choir Rehearsal
7:00pm Board of Trustees Meeting

Thursday, November 21

7:30am Morning Poems on Zoom
7:00pm South Church Folk Rehearsal

Friday, November 22

7:00pm Sparks and Flames Bowling Night

Saturday, November 23

5:00pm Families TUUgether at Court Street

Sunday, November 24

10:00am Online and In Person Worship
4:00pm Interfaith Thanksgiving Worship
4:00pm 7th Grade OWL
4:00pm Senior Youth at Court Street

INTERFAITH THANKSGIVING GATHERING - NOV 24 AT 4PM

Join the Seacoast Ministerium and the Interfaith Choir for an all ages interfaith Worship service on Sunday, November 24 from 4-5pm in the South Church Sanctuary. Members and leaders from South Church, Temple Israel, St. John's, North Church and more will be offering a time in which we lift up many faith voices while we center our hearts, minds, and bodies on gratitude and connection. The Interfaith Choir, led by Jonny Peiffer, will offer music.

SANCTUARY HOLIDAY DECORATING

Each year, our beautiful sanctuary is decorated for the holidays thanks to the generosity of our members. You are able to make a donation in memory or in honor of someone, which will be listed in the Christmas Eve Order of Service. Make a donation by mailing payment (along with your memorial listing) to the South Church Office at 73 Court Street, at the decorating table during Social Hour beginning next week, or online! Head over to www.SouthChurch-UU.org, click "Donate" on the top right, and scroll down to Holiday Decor Donation.

We are also looking for a few more volunteers to staff the decoration table for the next few weeks, and for folks willing to help with the decorating! To sign up to volunteer, visit <https://tinyurl.com/52pvvmkd>. If you are interested in helping with the decorating on December 6, please email Jen Leyden at Jen@SouthChurch-UU.org

ALL AGES HOLIDAY GATHERING - DECEMBER 6 AT 6PM

Join the Fellowship Associates and the South Church Staff for the annual All Ages Holiday Party on December 6 at 6pm. This is a much loved potluck event with festive music, delicious food, and lots of holiday cheer! Please bring a dish to share that is traditional within your family; whether it's homemade cookies, green bean casserole, store bought treats, or a dish from your cultural background! All are welcome!

HOST HOME NEEDED

The Seacoast Interfaith Sanctuary Coalition is seeking a host home (room and board) for Marc, a 28 year old man from Haiti who recently won his immigration case and was released from detention. He is currently staying with Jim Verschueren and Carlo Nittoli and has started English classes and made friends. We are looking for hosts for the next month. SISC is providing rides, clothes, fellowship and connections. Please reach out to Maggie Fogarty for more info or if you are willing to help. mfogarty@afsc.org or 603-988-7115

ORDER OF SERVICE

NOVEMBER 17, 2024

PRELUDE *Exhale* Susan Adams, piano
Alexis Ffrench

WELCOME Rev. Ellen Quaadgras

ANNOUNCEMENTS

ABC TESTIMONIAL Andrew McGeorge

INVOCATION

LIGHTING THE CHALICE Chris George

*MISSION STATEMENT

At South Church, we nurture spiritual growth through worship, learning and community; we celebrate the worth and dignity of all people; and we inspire one another to act on our faith in the larger community.

OPENING WORDS Chris George

*OPENING HYMN #298 *Wake, Now, My Senses* (Vs. 1, 4, and 5)

TIME FOR ALL AGES Jen Del Deo-Barry

CHILDREN'S RECESSIONAL #413 *Go Now In Peace*

OFFERING INVITATION Chris George

OFFERTORY *Reborn* Susan Adams, piano
Alexis Ffrench

RESPONSE #1010 *We Give Thanks*

PRAYER & MEDITATION Rev. Ellen Quaadgras

CANDLES OF JOY & CONCERN

We invite you to take a moment and reflect on a joy or concern you are holding. If it is something you want us to know about, please take a moment and write your concern on the yellow Pastoral Care card in the pew.

SERMON "Being True" Rev. Ellen Quaadgras

*CLOSING HYMN #108 *My Life Flows On in Endless Song*

EXTINGUISHING THE CHALICE Chris George

BENEDICTION Rev. Ellen Quaadgras


POSTLUDE *Prelude No. 21 in Bb Major* Susan Adams, piano
Robert D. Vandall

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## November Theme: Repair

During the month of November, our collection will be shared with Mainspring. Mainspring: The Seacoast Social Service Collective, serving Seacoast NH and Mainem is building a stronger community by providing all citizens with the resources to thrive. Through a centralized and collaborative model incorporating many area social service partners, Mainspring offers a dignified, efficient, and effective model of care that empowers individuals to navigate a pathway out of poverty.

Learn more at [www.mainspringcollective.org](http://www.mainspringcollective.org)



**Quick Link: Donate to South Church and our monthly Shared Plate!**

Point your phone camera at the QR code to the left and head to our mobile site. Make a one time gift, or log in to create recurring gifts!

Assisted listening devices are available in the rear of the sanctuary

\*Please rise if you are willing and able