

S

outh Church is a covenanting member of the Unitarian Universalist Association of Congregations and is an accredited Welcoming Congregation and Green Sanctuary. Unitarian Universalism is a liberal religion with Jewish-Christian roots. We draw from our heritages of freedom, reason, hope, and courage, building on the foundation of love. We strive to be a congregation that

truly welcomes all persons who share our values. We commit to being a congregation that empowers and enhances everyone's participation, especially those with historically marginalized identities.

Love is the power that holds us together and is at the center of our shared values. We are accountable to one another for doing the work of living our shared values through the spiritual discipline of Love.

Inseparable from one another, these shared values include:

Interdependence: We honor the interdependent web of all existence.

Pluralism: We celebrate that we are all sacred beings, diverse in culture, experience, and theology.

Justice: We work to be diverse multicultural Beloved Communities where all thrive.

Transformation: We adapt to the changing world.

Generosity: We cultivate a spirit of gratitude and hope.

Equity: We declare that every person is inherently worthy and has the right to flourish with dignity, love, and compassion.

SOUTH CHURCH

A Unitarian Universalist Congregation

Sunday Services: 10am on State Street & our YouTube Channel

Office Hours: 9am-2pm Tuesday-Friday

WiFi Network: SouthChurchPublic

Wifi Password: SundayMorning

Website: www.southchurch-uu.org Email: info@southchurch-uu.org

Phone: 603-436-4762

Board of Trustees Email: Board@southchurch-uu.org

The Board meets on the 3rd Tuesday of the month at 7pm. All are welcome.

Rev. Ellen Quaadgras – Minister

Kirsten Hunter – Director of Lifespan Ministries

Jen Del Deo-Barry – Director of Children and Family Ministry

Jonny Peiffer – Director of Music Ministry

Jennifer Leyden – Congregational Admin Kristine Sawyer – Finance Director

Susan Adams – Accompanist Ben Abbott - Tech & Attendant

SOUTH CHURCH



“Finding Trust When Truths Break”

**A Unitarian Universalist
Congregation**

March 2, 2025

ARE YOU NEW TO SOUTH CHURCH?

Are you a first-time visitor? Would you like to get more information about this congregation? Scan the QR code to fill out a visitor form or ask an usher for a hard copy!



USHER SIGNUPS ON SUNDAYS

We are looking to round out our group of Ushers for Sunday mornings. We will train you and answer any questions you have! To sign up, visit <https://tinyurl.com/3n8ex2db> or scan the QR code to the right!



POCKET GARDEN TOUR - TEAM LEADERS NEEDED!

The PGT Planning Committee will be meeting between 9-9:45am downstairs on the first Sunday of the month from February through June. If you would like to learn more about this fun fundraising and community building project, or if you already know you want to volunteer, stop by during a meeting. As many of you know, there are many one-and-done volunteer jobs involved in the Pocket Garden Tour (June 13-14). Equally important are the 3 volunteers who manage garden volunteers, 2-3 to scout for next year's gardens, and 1 to do online advertising through Portsmouthnh.com and facebook. Grab a friend or two and dive in! We can train you. Contact Robin at PGT@SouthChurch-UU.org

SENIOR YOUTH PANCAKE BREAKFAST - NEXT SUNDAY!

Senior Youth is hosting a pancake breakfast on Sunday, March 9! The proceeds from the breakfast will help fund their trip to Baltimore and General Assembly in June. Please join us Sunday, March 9 from 8:30-10am to enjoy some good food and good company! If you would like to help with donations of food, visit www.tinyurl.com/2mr6u3nh or scan the QR code!



AGING WITH GRACE - MARCH 13 AT THE LIBRARY

Aging with Grace is starting its in person meeting season (weather permitting) on the 2nd Thursday of the month beginning March 13 at 10:00am at the Portsmouth Public Library. We have a check in, and then discuss questions around the theme of the month. Please drop in and meet the group! Contact Ingrid at inkyjapan@yahoo.com for more information.

USE YOUR POWER! IT'S EASY! IT'S EFFECTIVE!

Join fellow congregants to reach out to your representatives in simple and effective ways. Let your voice be heard! Bring your cellphone, we will show you how to use the "5 Calls" app and its supportive scripts to help you express your UU values around the issues that matter most! Join us on March 9 and March 23 at 11:30am in the Carson Parlor

RELIGIOUS EDUCATION

On multigenerational worship days, children remain in the sanctuary for worship. There are activity packs and supplies on shelves behind the last row of pews. On all other Sundays, children and youth are invited to go downstairs following the Time For All Ages, to participate in religious education sessions. Children are also always invited to remain in the sanctuary with their families.

The Nursery is open for children 6 weeks through 3 years.

The mission of our RE Program is to provide programming for children, youth, and families that promotes spiritual growth, intergenerational connections, faith development, a UU identity, and social action within a safe and welcoming environment.

For more information on our Religious Education program, email Director of Children & Family Ministries, Jen Del Deo-Barry, at jendeldeo@southchurch-uu.org

ONGOING GROUPS

Aging with Grace meets on the 2nd Thursday of the month at 10:00am on Zoom through February. Contact Ingrid at inkyjapan@yahoo.com for more info.

Chant From Different Traditions meets on the first Sunday at 9am on the balcony or in the gardens. Contact Cathy Okhuysen at cathomusic@gmail.com

The Shawl Ministry meets on the 3rd Sunday at 11:30am in the Emerson Room. Contact: Jan Marston at jmarston@comcast.net

The ***Men's Breakfast Group*** meets on the second Wednesday of the month at 8am. Email Ken Schoman at ayuh.ken@gmail.com

Morning Poems meets every Thursday morning at 7:30am on Zoom. Contact info@southchurch-uu.org for more information.

The ***Women's Breakfast Group*** meets on the first Wednesday of the month at 8:30am. For more info and to RSVP, contact turningtide@comcast.net

Covenant Groups are ongoing groups that meet twice a month from October-May. For more info, email covenantgroups@southchurch-uu.org

South Church Spiritual Book Group meets on the 2nd Wednesday at 7pm on Zoom. Contact Nancy at bookgroup@southchurch-uu.org

Court Street Yoga meets Monday, Wednesday and Friday mornings at Court Street. Check the website for times. Suggested donation \$10/class or \$75/month. For more info, email yoga@southchurch-uu.org

The South Church Cancer Support Group meets on the 2nd Sunday of the month at 11:30am in the Emerson Room. For more information, contact Anne Mackin at annemackin2@gmail.com

South Church Folk meets on Thursdays at 7pm in the sanctuary and typically sings during Worship one Sunday per month. For more information, contact Cathy Okhuysen at cathomusic@southchurch-uu.org

GROUP CONTACTS

Shared Ministry – sharedministry@southchurch-uu.org

Pastoral Associates – pastoralcare@southchurch-uu.org

Social Justice Associates – socialjustice@southchurch-uu.org

Worship Associates – worship@southchurch-uu.org

Fellowship Associates – fellowship@southchurch-uu.org

Learning Associates – learning@southchurch-uu.org

Comm. On Ministries – committeeonministries@southchurch-uu.org

CALENDAR

Sunday, March 2

9:00am Chants from Different Traditions
9:00am Pocket Garden Tour Meeting
9:45am Coming of Age at Court Street
10:00am In Person and Online Worship
4:00pm 7th Grade OWL
4:00pm Senior Youth at Court Street

Monday, March 3

6:30am Court Street Yoga
5:00pm Property Committee Meeting

Tuesday, March 4

6:30pm Choir Review with Susan
7:00pm Choir Rehearsal

Wednesday, March 5

6:30am Court Street Yoga
8:30am Women's Breakfast at The Golden Egg

Thursday, March 6

7:30am Morning Poems on Zoom
7:00pm South Church Folk Rehearsal

Friday, March 7

6:30am Court Street Yoga

Sunday, March 9

8:30am Pancake Breakfast in Parish Hall
9:45am Coming of Age at Court Street
10:00am In Person and Online Worship
11:30am Cancer Support Group
11:30am 5 Calls App Training
4:00pm 7th Grade OWL

JOURNEY TO MEMBERSHIP SPRING CLASSES

Are you new to South Church or a long time attendee of Sunday service and want to know more? The Fellowship Associates will be hosting the spring Journey To Membership classes on March 16, 23, and 30 from 11:30-1:00pm in the Milk Classroom. These 90 minute classes are an opportunity to explore and share individual spiritual journeys and learn about South Church and UUism. For more information and to RSVP, contact fellowship@SouthChurch-uu.org.

CREATING A VISION

The seed that Rev. Ellen planted last month is starting to sprout! The Visioning Task Force is excited to announce that we will be hosting a visioning workshop in May. Please plan to join us on the afternoon of May 10, for Sunday service on May 11, and for a presentation following Worship. More information will be coming soon. Together we will keep tending this seed and look forward to what may bloom!

ROOTS SUMMER PROGRAM - AUGUST 11-15

Join us for a week full of fun for kids ages 5 through 12. Play, build community, engage in service projects, and make meaningful connections! Roots runs 9am-3pm, Monday through Friday the week of August 11-15. (Before and after care available for additional cost) Youth ages 12-17 can sign up to be junior helpers/CiT's to offer friendship and support, and to gain developmentally appropriate leadership skills. Learn more at www.southchurch-uu-re.org/roots-summer-program or scan the QR code.



GENERAL ASSEMBLY - JUNE 18-22 IN BALTIMORE

The South Church Senior Youth will be attending GA this year in Baltimore and you are invited to join! The 2025 UUA General Assembly is Wednesday, June 18 through Sunday, June 22 - a chance to connect, reflect and build a future that meets this moment with purpose and courage. Join in person or online to be part of this transformative experience! Visit www.uua.org/ga to learn more, register, and apply for financial aid!

STAR ISLAND RETREAT REGISTRATION OPEN!

The 2025 South Church on Star Retreat is Sunday, July 13th through Wednesday, July 16th and the theme this year is Connection. There will be free childcare available from 9am-12pm, 1pm-2:30pm and multi-age group programming from 4-5pm everyday since we are partnering with other UU churches. The retreat is capped at between 70-80 people so make sure to register soon at www.starisland.org/programs/registration. Information about grants and available discounts can also be found on the site. More information will be emailed in the coming week!

ORDER OF SERVICE

PRELUDE *Just As You Are* South Church Choir
 Lea Morris

WELCOME Rev. Ellen Quaadgras

ANNOUNCEMENTS

TESTIMONIAL Fellowship Associates: Kim Rivest and Myleta Eng

INVOCATION *Standing Stone* South Church Choir
 Melanie DeMore

LIGHTING THE CHALICE Anna Howard and Rev. Ellen Quaadgras

*MISSION STATEMENT
 At South Church, we nurture spiritual growth through worship, learning and community; we celebrate the worth and dignity of all people; and we inspire one another to act on our faith in the larger community.

OPENING WORDS Anna Howard

*OPENING HYMN #101 *Abide With Me* (see insert)

TIME FOR ALL AGES Jen Del Deo-Barry

CHILDREN’S RECEPTIONAL #413 *Go Now In Peace*

OFFERING INVITATION Anna Howard

OFFERTORY *O Waly, Waly* Susan Adams, piano
 English melody, arr. by Paul Tate

RESPONSE #1010 *We Give Thanks*

PRAYER AND MEDITATION Rev. Ellen Quaadgras

CANDLES OF JOY AND CONCERN
 We invite you to take a moment and reflect on a joy or concern you are holding. If it is something you want us to know about, please take a moment and write your concern on the yellow Pastoral Care card in the pew.

SERMON “Finding Trust When Truths Break” Rev. Ellen Quaadgras

*CLOSING HYMN #1020 *Woyaya*

MARCH 2, 2025


EXTINGUISHING THE CHALICE Anna Howard

BENEDICTION Rev. Ellen Quaadgras

POSTLUDE *One Million Voices* South Church Choir
 Brian Tate

During the month of March, our collection will be shared with Womenaid of Greater Portsmouth. Founded in 2005, the mission of Womenaid of Greater Portsmouth is to provide short-term financial assistance to our neighbors-in-need when they have nowhere else to turn.

Learn more at www.womenaidportsmouth.org



Quick Link: Donate to South Church and our monthly Shared Plate!

Point your phone camera at the QR code to the left and head to our mobile site. Make a one time gift, or log in to create recurring gifts!

Assisted listening devices are available in the rear of the sanctuary

*Please rise if you are willing and able