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outh Church is a covenanting member of the Unitarian Universalist Association of Congregations and is an accredited Welcoming Congregation and Green Sanctuary. Unitarian Universalism is a liberal religion with Jewish-Christian roots. We draw from our heritages of freedom, reason, hope, and courage, building on the foundation of love. We strive to be a congregation that

truly welcomes all persons who share our values. We

commit to being a congregation that empowers and enhances everyone's participation, especially those with historically marginalized identities.

Love is the power that holds us together and is at the center of our shared values. We are accountable to one another for doing the work of living our shared values through the spiritual discipline of Love.

Inseparable from one another, these shared values include:

Interdependence: We honor the interdependent web of all existence.

Pluralism: We celebrate that we are all sacred beings, diverse in culture, experience, and theology.

Justice: We work to be diverse multicultural Beloved Communities where all thrive.

Transformation: We adapt to the changing world.

Generosity: We cultivate a spirit of gratitude and hope.

Equity: We declare that every person is inherently worthy and has the right to flourish with dignity, love, and compassion.

SOUTH CHURCH

A Unitarian Universalist Congregation

Sunday Services: 10am on State Street & our YouTube Channel

Office Hours: 9am-2pm Tuesday-Friday

WiFi Network: SouthChurchPublic

Wifi Password: SundayMorning

Website: www.southchurch-uu.org

Email: info@southchurch-uu.org

Phone: 603-436-4762

Board of Trustees Email: Board@southchurch-uu.org

The Board meets on the 3rd Tuesday of the month at 7pm. All are welcome.

Rev. Ellen Quaadgras – Minister

Kirsten Hunter – Director of Lifespan Ministries

Jen Del Deo-Barry – Director of Children and Family Ministry

Jonny Peiffer – Director of Music Ministry

Jennifer Leyden – Congregational Admin

Kristine Sawyer – Finance Director

Susan Adams – Accompanist

Ben Abbott - Tech & Attendant

SOUTH CHURCH



“Telling A New Story”

A Unitarian Universalist
Congregation

January 26, 2025

ARE YOU NEW TO SOUTH CHURCH?

Are you a first-time visitor? Would you like to get more information about this congregation? Scan the QR code to fill out a visitor form or ask an usher for a hard copy!



USHER SIGNUPS ON SUNDAYS

We are looking to round out our group of Ushers for Sunday mornings. We will train you and answer any questions you have! To sign up, visit <https://tinyurl.com/3n8ex2db> or scan the QR code to the right!



SHARED PLATE NOMINATING ALL MONTH

In January, the congregation is invited to nominate local non-profits for the Shared Plate ballot. Nominate as many organizations as you wish, using a separate form for each one. This year, the following organizations will already be on the ballot and do NOT need to be nominated: Gather, NAMI, Seacoast Family Promise, Families First, BHTNH, Planned Parenthood, Loving Health, and the UUSC



TIME TO JOIN A COVENANT GROUP!

This is your opportunity to meet twice a month with others on the path of self-exploration, spiritual deepening, and community building. Please register online anytime at www.southchurchcovenantgroup.org or with the QR code.

Registration closes on Monday! Please select several choices for times and days that work for you. Your convenor will notify you about the specifics of the group you will be joining in early February. If you have questions, please contact the Learning Associates at learning@southchurch-uu.org



SUPPORT OUR LOCAL IMMIGRANT COMMUNITY - TODAY AT 4PM

Join the Seacoast Interfaith Sanctuary Coalition "know your rights" session for faith communities. This session will include information about what to do when ICE may try to enter the building, but also for places where immigrants receive supportive services, for those who provide transportation, etc. The session will be Sunday, January 26, at 4pm. Here is the zoom link: www.tinyurl.com/SC-SISC. All are welcome.

POCKET GARDEN TOUR PLANNING BEGINS

The PGT Planning Committee will be meeting between 9-9:45am downstairs on the first Sunday of the month from February through June. If you would like to learn more about this fun fundraising and community building project, or if you already know you want to volunteer, stop by during a meeting. Coming to all meetings is not required. Contact Robin Schnell at r.hary.schnell@gmail.com if you have questions, or if you can't make a meeting.

RELIGIOUS EDUCATION

On multigenerational worship days, children remain in the sanctuary for worship. There are activity packs and supplies on shelves behind the last row of pews. On all other Sundays, children and youth are invited to go downstairs following the Time For All Ages, to participate in religious education sessions. Children are also always invited to remain in the sanctuary with their families.

The Nursery is open for children 6 weeks through 3 years.

The mission of our RE Program is to provide programming for children, youth, and families that promotes spiritual growth, intergenerational connections, faith development, a UU identity, and social action within a safe and welcoming environment.

For more information on our Religious Education program, email Director of Children & Family Ministries, Jen Del Deo-Barry, at jendeldeo@southchurch-uu.org

ONGOING GROUPS

Aging with Grace meets on the 2nd Thursday of the month at 10:00am on Zoom through February. Contact Ingrid at inkyjapan@yahoo.com for more info.

Chant From Different Traditions meets on the first Sunday at 9am on the balcony or in the gardens. Contact Cathy Okhuysen at cathomusic@gmail.com

The Shawl Ministry meets on the 3rd Sunday at 11:30am in the Emerson Room. Contact: Jan Marston at jmarston@comcast.net

The ***Men's Breakfast Group*** meets on the second Wednesday of the month at 8am. Email Ken Schoman at ayuh.ken@gmail.com

Morning Poems meets every Thursday morning at 7:30am on Zoom. Contact info@southchurch-uu.org for more information.

The ***Women's Breakfast Group*** meets on the first Wednesday of the month at 8:30am. For more info and to RSVP, contact willow@woodflute.net

Covenant Groups are ongoing groups that meet twice a month from October-May. For more info, email covenantgroups@southchurch-uu.org

South Church Spiritual Book Group meets on the 2nd Wednesday at 7pm on Zoom. Contact Nancy at bookgroup@southchurch-uu.org

Court Street Yoga meets Monday, Wednesday and Friday mornings at Court Street. Check the website for times. Suggested donation \$10/class or \$75/month. For more info, email yoga@southchurch-uu.org

The South Church Cancer Support Group meets on the 2nd Sunday of the month at 11:30am in the Emerson Room. For more information, contact Anne Mackin at annemackin2@gmail.com

South Church Folk meets on Thursdays at 7pm in the sanctuary and typically sings during Worship one Sunday per month. For more information, contact Cathy Okhuysen at cathomusic@southchurch-uu.org

GROUP CONTACTS

Shared Ministry – sharedministry@southchurch-uu.org

Pastoral Associates – pastoralcare@southchurch-uu.org

Social Justice Associates – socialjustice@southchurch-uu.org

Worship Associates – worship@southchurch-uu.org

Fellowship Associates – fellowship@southchurch-uu.org

Learning Associates – learning@southchurch-uu.org

Comm. On Ministries – committeeonministries@southchurch-uu.org

CALENDAR

Sunday January 26

9:45am Coming of Age at Court Street
10:00am In Person and Online Worship
10:00am 5th Grade OWL
11:30am South Church Annual Meeting
4:00pm 7th Grade OWL
4:00pm Senior Youth at Court Street

Monday, January 27

6:30am Court Street Yoga

Tuesday, January 28

6:30pm Choir Review with Susan
7:00pm Choir Rehearsal

Wednesday, January 29

6:30am Court Street Yoga

Thursday, January 30

7:30am Morning Poems on Zoom
7:00pm South Church Folk Rehearsal

Friday, January 31

6:30am Court Street Yoga

Sunday, February 2

9:00am Chants from Different Traditions
9:00am Pocket Garden Tour Meeting
9:45am Coming of Age at Court Street
10:00am In Person and Online Worship
10:00am 5th Grade OWL
3:45pm Beloved Conversations
4:00pm 7th Grade OWL

HELP THE PEOPLE OF LOS ANGELES

Help the people of LA write a better ending to their story, donate to the UUA Disaster Relief Fund: <https://tinyurl.com/SC-relief> to help two of our impacted UU congregations, or donate to another charity you trust, like the Salvation Army, or the Red Cross, who are actively helping people impacted by the fires.

BELOVED CONVERSATIONS - SAVE THE DATES FEB 2 AND FEB 23

Please join us for tea after the Black Heritage Trail annual Tea Talks on February 2 and 23. Join others from the congregation in thoughtful conversation at 3:45pm in the Carson Parlor. Be sure to register for the Tea Talks on the BHTNH website soon to attend in person. For more information, and to let us know you are coming to Beloved Conversations, please contact Hilary Clark at hilclark57@gmail.com

FEBRUARY FILM DISCUSSION - FEB 12

The South Church Spiritual Book Group is hosting a discussion of “Lessons in Chemistry, “ an Apple TV+ mini-series, on Wednesday, February 12 at 7pm. Please watch the show (8 episodes) in advance of the discussion. Apple TV+ can be accessed free for up to one week. All are welcome. Please contact SouthChurchBookGroup@gmail.com for the Zoom link.

RED CROSS BLOOD DRIVE - FEBRUARY 17

Join us in Parish Hall on Monday, February 17 for an American Red Cross Blood Drive! Visit www.RedCrossBlood.org and search South Church to sign up, or scan the QR code! If you would like to volunteer to help out at the drive, please contact Jen@SouthChurch-UU.org and let her know what works for your schedule! If you aren't able to donate blood or volunteer, we are looking for donations for snacks for the canteen table! ALL types of food donations are welcome; cookies, fruit, finger sandwiches, juice.



ROOTS SUMMER PROGRAM - AUGUST 11-15

Join us for a week full of fun for kids ages 5 through 12. Play, build community, engage in service projects, and make meaningful connections! Roots runs 9am-3pm, Monday through Friday the week of August 11-15. (Before and after care available for additional cost) Youth ages 12-17 can sign up to be junior helpers/CiT's to offer friendship and support, and to gain developmentally appropriate leadership skills. Learn more at www.southchurch-uu-re.org/roots-summer-program or scan the QR code.



ORDER OF SERVICE

JANUARY 26, 2025

PRELUDE *What Must Be Done* South Church Folk
Greg Greenway

WELCOME Rev. Ellen Quaadgras

ANNOUNCEMENTS

INVOCATION *Come, Come, Whoever You Are*

LIGHTING THE CHALICE Chris George

*MISSION STATEMENT

At South Church, we nurture spiritual growth through worship, learning and community; we celebrate the worth and dignity of all people; and we inspire one another to act on our faith in the larger community.

OPENING WORDS Chris George

*OPENING HYMN #396 *I Know This Rose Will Open*

TIME FOR ALL AGES Joanne Piazzi

CHILDREN'S RECESSIONAL #413 *Go Now In Peace*

OFFERING INVITATION Chris George

OFFERTORY *Circle Game* South Church Folk
Joni Mitchell

RESPONSE #1010 *We Give Thanks*

PRAYER AND MEDITATION Rev. Ellen Quaadgras

CANDLES OF JOY AND CONCERN

We invite you to take a moment and reflect on a joy or concern you are holding. If it is something you want us to know about, please take a moment and write your concern on the yellow Pastoral Care card in the pew.

SERMON "Telling A New Story" Rev. Ellen Quaadgras

*CLOSING HYMN #1020 *Woyaya*

EXTINGUISHING THE CHALICE Chris George

BENEDICTION Rev. Ellen Quaadgras

POSTLUDE *Writing a Better Story* South Church Folk
Carrie Newcomer

Letters South Church Folk
June Bernard

During the month of January, our collection will be shared with the Joan G. Lovering Health Center. Lovering Health is dedicated to providing confidential, comprehensive and accurate sexual and reproductive health information and services to all in a supportive environment. It is their passion to honor, respect, and advocate for the right of everyone to maintain freedom and choices regarding their own sexual and reproductive health.

Learn more at www.joangloveringhealthcenter.org



Quick Link: Donate to South Church and our monthly Shared Plate!

Point your phone camera at the QR code to the left and head to our mobile site. Make a one time gift, or log in to create recurring gifts!

Assisted listening devices are available in the rear of the sanctuary

*Please rise if you are willing and able